

# MICRO-NEEDLING AFTER CARE

You May Have **Redness** And Heat Sensation At The Treatment Area For 12-24 Hours.

- Applying Aloe Vera And Hyaluronic Acid Can Help Reduce Redness And Heat Sensation.

Use Hyaluronic Acid And Your Custom Serum.

- Apply When You Feel Dry.
- Apply Before You Go To Bed First Night And Continue Using Serum As Long As It Lasts.

No Exercise Today.

- Sweat Can Irritate Your Treated Skin.

Do Not Use Facial Soap Today.

- You Can Wash With Plain Warm Water.

Stay Out Of The Sun

- Stay Out Of The Sun The Day Of Your Micro-Needling.
- Use Mineral Sunscreen In The Sun For A Week After Micro-Needling.

No Make-Up Today.

Back To Your Normal Facial Routine Tomorrow. *If tender or still redness or swelling present, avoid shaving treated areas.*

- Facial Products Have a Much Higher Absorption For a Week.
- It Takes 2 Weeks To Fully See The Results From The Treatment.
- You Must Wait 1 Month Before Doing Another Micro-Needling Treatment.
- Cosmetic Acupuncture May Be Done Weekly To Increase / Speed Up Results.